

**Sedation Instructions for Pediatric Patients**  
CHILDREN'S DENTISTRY OF BAYTOWN  
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Baytown, TX 77521  
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**Pre-sedation Instructions**

The following instructions are intended to ensure the safety of your child while undergoing oral sedation. Failure to follow these instructions could result in serious injury. **Any deviation from these instructions may result in cancellation of your child's appointment or if you are late for your appointment it may be cancelled and rescheduled.**

1. Do not give your child anything to eat or drink for at least six (6) hours prior to treatment.
2. No other medications should be taken, unless otherwise directed by the doctor.
3. Dress your child in loose, comfortable clothing. Avoid large hairclips, bows, berets, ponytails, etc. If your child is not completely potty trained, please place them in a diaper. Bring an extra change of clothing, accidents do happen!
4. Report any change in your child's health (i.e. cold, fever, congestion, or asthma like symptoms) prior to arriving for the appointment.
5. You, or at least one guardian, must accompany your child for the appointment.
6. The day of appointment the oral sedation will be given to your child after evaluating vital signs. You and your child will then wait in the reception area 45 min.- 1 hr. for the sedation to begin to work. For safety reasons, please do not leave the reception area once your child has been given the sedation. (Only exception-restroom)
7. Do not bring any other children to this appointment. Your child will require your full attention before and after dental treatment.

**Post-sedation Instructions**

1. Restrain your child (either car seat or seatbelt) while riding home from the appointment.
2. Your child may be drowsy or irritable after treatment. Supervise your child for the remainder of the day, whether asleep or active. Your child will not be able to go to school day of treatment.
3. Keep any activity light and supervised.
4. Give your child plenty of liquids after treatment to prevent dehydration. Soft foods are allowed when tolerable.
5. Unless directed otherwise, manage any postoperative discomfort with children's Tylenol or children's Advil as needed.